



Community Resource List NEWKIRK / PONCA CITY

DIABETES

- Alliance Health Diabetic Educator, 1900 N 14th St, Ponca City (580) 765-3321
- Kanza Diabetic Educator, 3201 E River Rd, Newkirk (580) 362-1444

TRANSPORTATION

- Sooner Ride 1-800-435-1034
- Cimarron Transit 580-718-0444

TRANSLATION

- Rural health Projects- CHW translation for Spanish & Marshallese
Spanish 580-541-2956
Marshallese 580-977-9578

PRESCRIPTION ASSISTANCE

- RX Oklahoma (877) 794-6552
- RX Prescription Discount Card available at FMFI Clinics
- Newkirk Pharmacy-340B Program, 716 S Hwy 77, Newkirk (580) 362-2555

DRUG DISPOSAL LOCATIONS

- Ponca City Police Department, 300 E Oklahoma Ponca City (580) 767-0370
- Newkirk Police Department, 118 W 7th Street Newkirk (580) 362-2414

WELLNESS CENTERS

- RecPlex, 1604 W Grand Ave, Ponca City (580) 767-0430
- Planet Fitness, 2620 N 14th St, Ponca City (580) 304-7200
- Kanza Wellness Center, 3201 E River Road, Newkirk (580) 362-1444
- Oklahoma Project Women (Mammograms) *See Referral Coordinator*

FOOD PANTRY

- New Emergency Resource Agency (NERA), 112 S 1st St, Ponca City (580) 765-5372
- Friendship Feast First Christian Church, 2110 N 5th, Ponca City (580) 352-2945
- First Lutheran Church Food Pantry, 1101 N 4th St, Ponca City (580) 762-1111
- The Mission, 909 E South Ave, Ponca City (580) 765-1426; (580) 304-3545

ELDER/ SENIOR SERVICES

- Meals on wheels (meals for seniors 65 and older) (580) 767-9010
- Retired Senior Volunteer Program (RSVP) , 445 Fairview Ave, #101 (580) 762-9412
- Ponca City Senior Center, 319 E Grand Ave, Ponca City (580) 763-8051
- McCord Senior Center, 115 E Mary Road, McCord (580) 762-9350
- Wheatheart Nutrition Project, 319 W Grand Ave, Ponca City (580) 767-1630

FOOD SUMMER LUNCHEES FOR CHILDREN (June Only)

- Union Elementary School, 2617 N Union St, Ponca City (580) 767-8305
- East Middle School, 612 Grand Ave, Ponca City (580) 767-8010

HOUSING

- Ponca City Housing Authority, 201 E Broadway, Ponca City (580) 762-4445
- Peachtree Landing, 105 W Hazel Ponca City, OK 74601 (580) 762-3208

UTILITY ASSISTANCE

- LIHEAP Program, <https://oklahoma.gov/okdhs/services/liheap/utilityservicesliheapmain.html> (405)-522-5050



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AUTO REPAIR

- Community Care Auto Repair, Inc. (580) 341-0439
Website- carrepair@gmail.com

DOMESTIC VIOLENCE PROGRAMS

- Survivor Resource Network
Hotline 580-762-2873
Business 580-762-2883

UNEMPLOYMENT

- Oklahoma Works Ponca City Workforce Center, 400 E Central Suite 103, Ponca (580) 765-3372

RECOVERY

- Harmony House, 212 S 3rd Ponca City (580) 716-6366
- Alcoholics Anonymous, 212 S 3rd Street, Ponca City (580) 765-8462
- Celebrate Recovery, 218 S 6th Street Ponca City (580) 765-4427
- Reformers Unanimous, Central Baptist Church 1732 E Coleman Road, Ponca City (580) 765-5840
- Rightway Medical, 827 Hubbard Road, Ponca City (580) 762-3217
- Oxford House Sober Living (800) 6896411
Apply online at www.oxfordhouse.org/applications

CHILDREN

- The Family Resource Program- Parents as Teachers
Lynn, Samantha, or Jeremy at The Family Resource Program
2203 N. Ash Street Ponca City (580) 762-8341

SAFE CARE

- Safe care for caregivers, education, on parenting health safety and communication skills
www.northcare.com (405) 858-2725

CRISIS ASSISTANCE

- American Red Cross (405) 590-5761
- Crisis Line for Kay County (800) 722-3611
- Domestic Violence & Rape Line (580) 762-2873
- Teen Line (800) 852-8996
- Family Trauma Health Center Sexual Assault Program (580) 716-8156
- National Sexual Assault Hotline (800) 656-4673
www.rainn.org